






# ROVER - LANDROVER - 4WD

Defender 110 & TD5 LWB 110 Wheelbase 1992 to 2001 & 130 Wheelbase Double Cab 1994 to 1999

Part and Location	Description	Approx Lift	Part Number	Qty Per Vehicle		
<b>SHOCK ABSORBERS</b>						
	41mm Foam Cell Shock Absorbers		<b>SA41689FC</b>	2 ea	<b>F R O N T</b>	
<b>COIL SPRINGS</b>						
	Raised Height Heavy Duty Coil Springs <b>110, TD5 &amp; 130</b>	50mm	<b>LAN-207</b>	1 pr		
	Raised Height Heavy Duty Coil Springs <b>110, TD5 (only)</b>		<b>LAN-207HD</b>			
<b>STEERING DAMPER</b>						
	Expanded Body Steering Damper		<b>SD14032G</b>	1 only		
<b>SHOCK ABSORBERS</b>						
	41mm Foam Cell Shock Absorbers		<b>SA41690FC</b>	2 ea	<b>R E A R</b>	
<b>COIL SPRINGS</b>						
	Raised Height Heavy Duty Coil Springs <b>110, TD5 &amp; 130</b>	50mm	<b>LAN-202</b>	1 pr		
	Raised Height Heavy Duty Coil Springs <b>110, TD5 (only)</b>		<b>LAN-202HD</b>			